



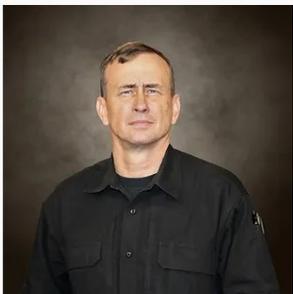
Presents:



# 2023 First Responder Wellness Conference

September 27-29, 2023  
 Hilton Garden Inn  
 West Des Moines, Iowa 50266

Keynote Speaker  
 Lt. Col. Dave Grossman



Registration Fee:  
 Dave Grossman Only Ticket (One Day) - \$99.00  
 All Conference (2 1/2 Days) - \$125.00

## SPEAKERS



RETIREMENT  
 TRANSITION  
 PROGRAM

LT. ANDREW D. PHIPPS



BRAIN HEALTH

Sheila Russell



SHATTERPROOF  
 FHEHealth

SHATTERPROOF  
 FIRST RESPONDER  
 PROGRAM

Annalee Moody, MA,  
 NCC, LMHC, CFRC



CRISIS K9S OF THE  
 MIDLANDS

Justin and Rebecca Smith



THE PATH FROM  
 LAW ENFORCEMENT  
 TO SERVING FIRST  
 RESPONDERS

Josh Vander Zwaag, MSW



PEER SUPPORT  
 UPDATES AND BEST  
 PRACTICES

Jeremy Sprague, PSF  
 President

Scan For More Information




Stop Fearing the  
 Hard  
 Conversations: It's  
 Time to Talk About  
 it

Jane Nady

**LUNCH PROVIDED DURING  
 THE CONFERENCE.**